

New Directions



Published For ADHS Employees

July 1986

Director's Message

The summer of 1986 is an active time for the Arizona Department of Health Services. A major initiative to immunize children against haemophilus influenzae is being co-ordinated by **Sheri Raymond** of the Public Information Office and **Georgia Macdonough** of our Local Health Services. Haemophilus influenzae does not cause the flu but is the leading cause of meningitis for children in our state. This new vaccine, available for the first time last year, has now been obtained in large supply by the Department of Health Services. County health departments are cooperating with us in this joint immunization effort.

In addition this summer, we are taking direction from two new statutes that set two new major programs into place. First, a new Department of Environmental Quality Assurance is being created and will go into effect on July 1, 1987. Planning for this department, led by **Gloria Heller** of our Planning and Budget Development Office, and **Chuck Anders** of our Division of Environmental Health, is under way.

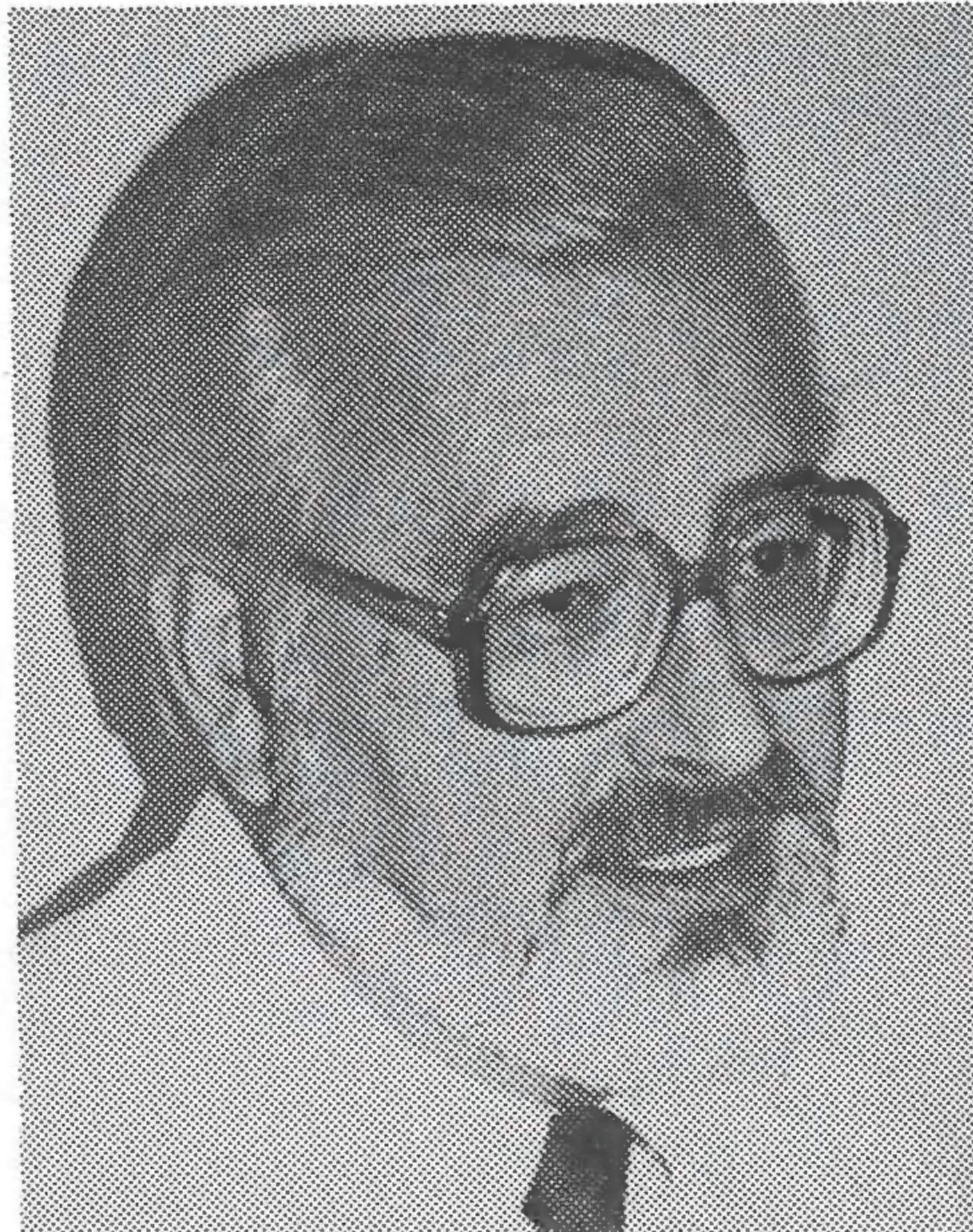
The Legislature has mandated the return of the Division of Behavioral Health, but now with much clearer authority and increased funding. **Dr. Tom Bittker**, a psychiatrist, has joined us to develop a new program for the chronically mentally ill which will include pilot projects and enhancement of our current mental health system.

Other pressing issues include decisions on the operating certificate for the Phelps Dodge smelter at Douglas, and approval of day care regulations that will significantly upgrade quality in these centers. The recommendations of our Long Term Care Task Force will revise the wide variety of these services and the conclusions from a task force on ambulance regulation throughout the state will have a major impact. We will also designate a provider for children's rehabilitative services in Phoenix and develop a cholesterol reduction program.

Add to these multiple issues our current involvement with developing a Department of Health Services budget for 1987, and we will have a running start for the year ahead. We are all making excellent progress on a public health agenda for Arizona that will provide increasing benefits in the years ahead.

—Lloyd F. Novick, M.D.

ADHS . . . on the job



Chuck Downing is business manager for the Division of Disease Prevention.

The job of business manager was created about three years ago in each of the ADHS divisions. Although the activities and services in each division are quite different, Downing says the responsibilities of the business managers are much the same.

"We are involved in almost every administrative action that takes place within the division," he says. "It's our job to move the paper through the system as efficiently and quickly as possible."

An administrative action can involve personnel coordination, budget management, fiscal control, contract administration, EDP liaison, purchasing liaison, or matters involving the physical plant. Each action means working with a different office, a different team, a different set of rules.

The business manager has a somewhat schizophrenic role because he is, at the same time, both policeman and facilitator. Of necessity, the public sector entails a multitude of laws, policies and regulations designed to protect the taxpayers interests. Many people find struggling through this maze frustrating, but Downing says we can "get better results by working intelligently and persistently within the system than by fighting it. It takes less effort, in the long run, to do things right than to clean up the mess."

Describing his job as thankless at times, Downing says that he finds "some reward on those occasions when I'm able to contribute to the overall effectiveness of the division."

Downing joined ADHS 10 years ago as chief of Operational Planning and Management in the Office of the Director.



The ADHS Secretary's Forum meets monthly so that department secretaries can discuss problems and exchange information. Deirdre Moore, Heidi Palmer and Donna Minshall listen intently as guest speaker Gloria Heller discusses women as professionals. The forum was formed last year. More information is available from Sally McClanahan at 255-1024.

News Notes . . .

A vaccine to protect children over 18 months of age from Haemaphilus influenzae Type B (HiB) will be available free to 45,000 Arizona youngsters this year under a pilot program sponsored by ADHS. HiB causes meningitis, pneumonia and infections of the skin, bones, joints, blood and skin. The vaccine will be distributed by the county health departments.

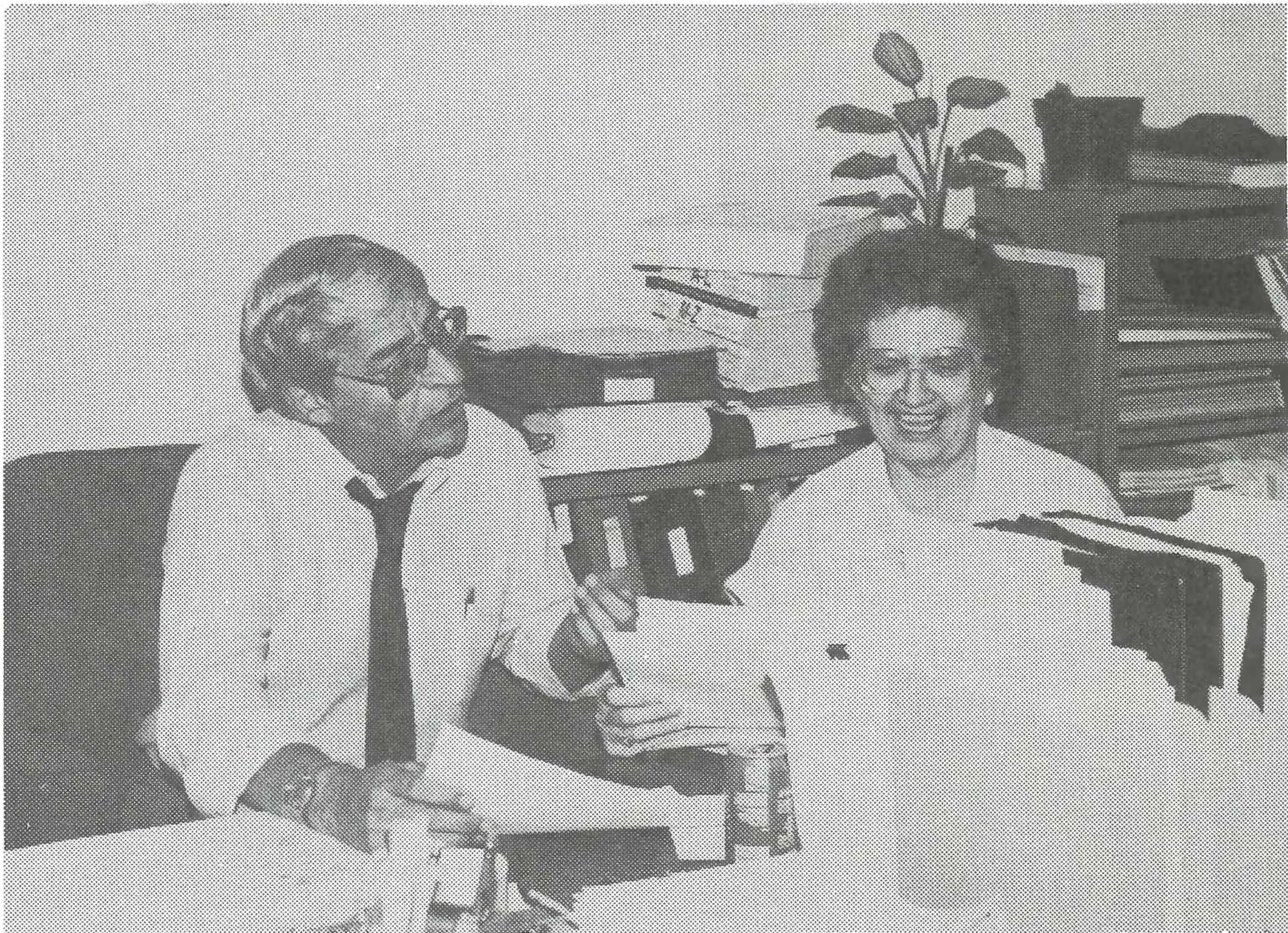
Stress management and burnout were given top priority by ADHS employees who responded to the recent health promotion questionnaire. The runners-up were financial planning; relaxation; weight management; women's self defense; yoga and meditation; life transitions; nutrition; stretching; pre-retirement; PMS. Staff in the Human Resource Development Office (originators of the questionnaire) are in the process of developing some of these programs.

ADHS has proposed chlamydia and related syndromes as reportable diseases. If enacted, the regulations will become effective this fall and chlamydia infections will join AIDS, gonorrhea, herpes, genitalis, and syphilis as the sexually transmitted diseases which must be reported within five working days of a diagnosis. Chlamydia reporting and control is part of Disease Prevention's Sexually Transmitted Disease Program. Testing is handled by the State Laboratory.

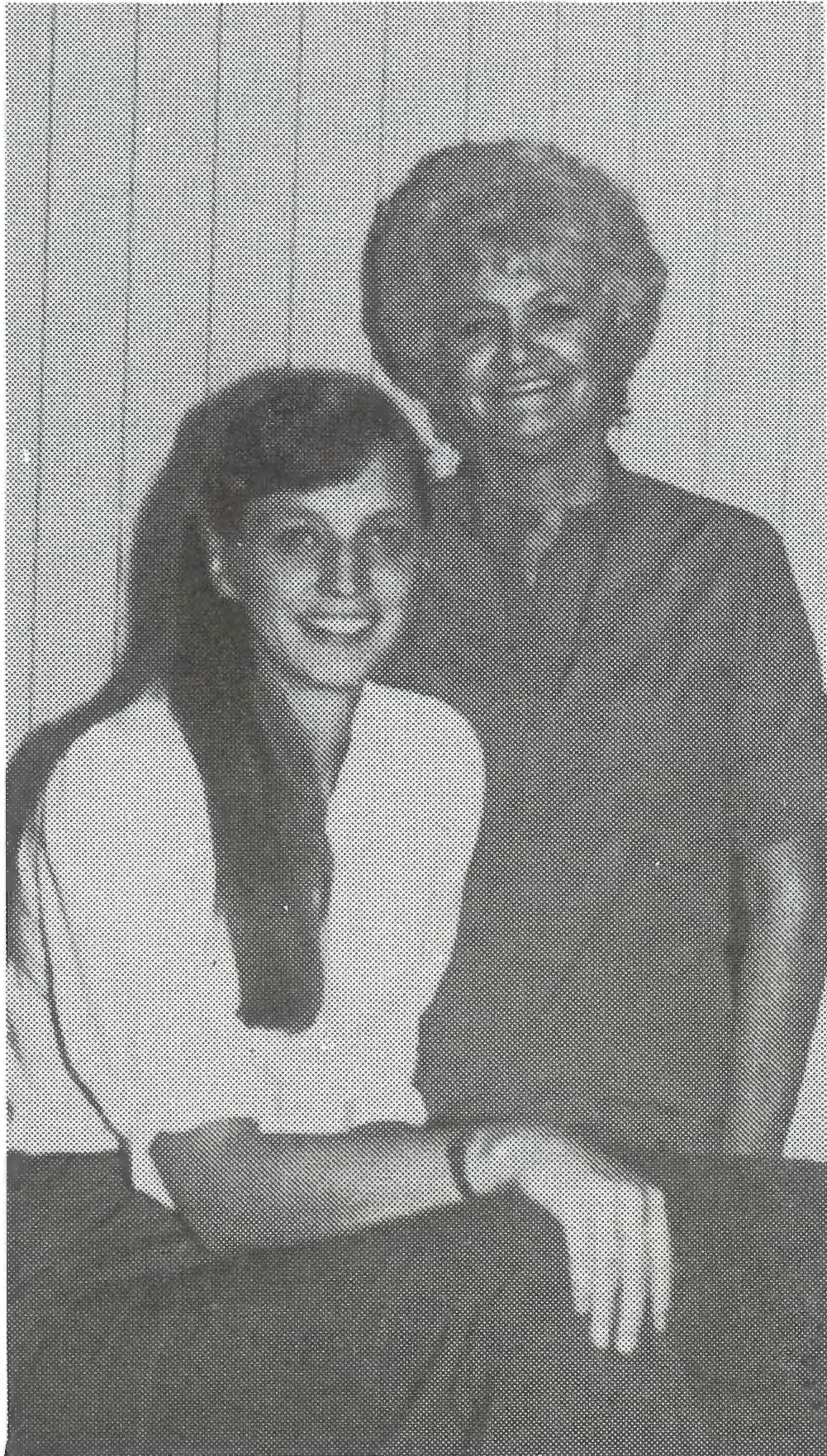
The 1986 Arizona Rural Health Conference will be held October 16-18 at the Sheraton Rio Rico Resort 12 miles north of Nogales. The major tracks will be geriatrics/gerontology, politics and legislation, clinical series, nutrition and HP/DP, and border health. Half-day workshops will feature personal well-being, time management and caring for the older person. Information is available from the University of Arizona's Rural Health Office, 1435 North Freemont, Tucson 85719.

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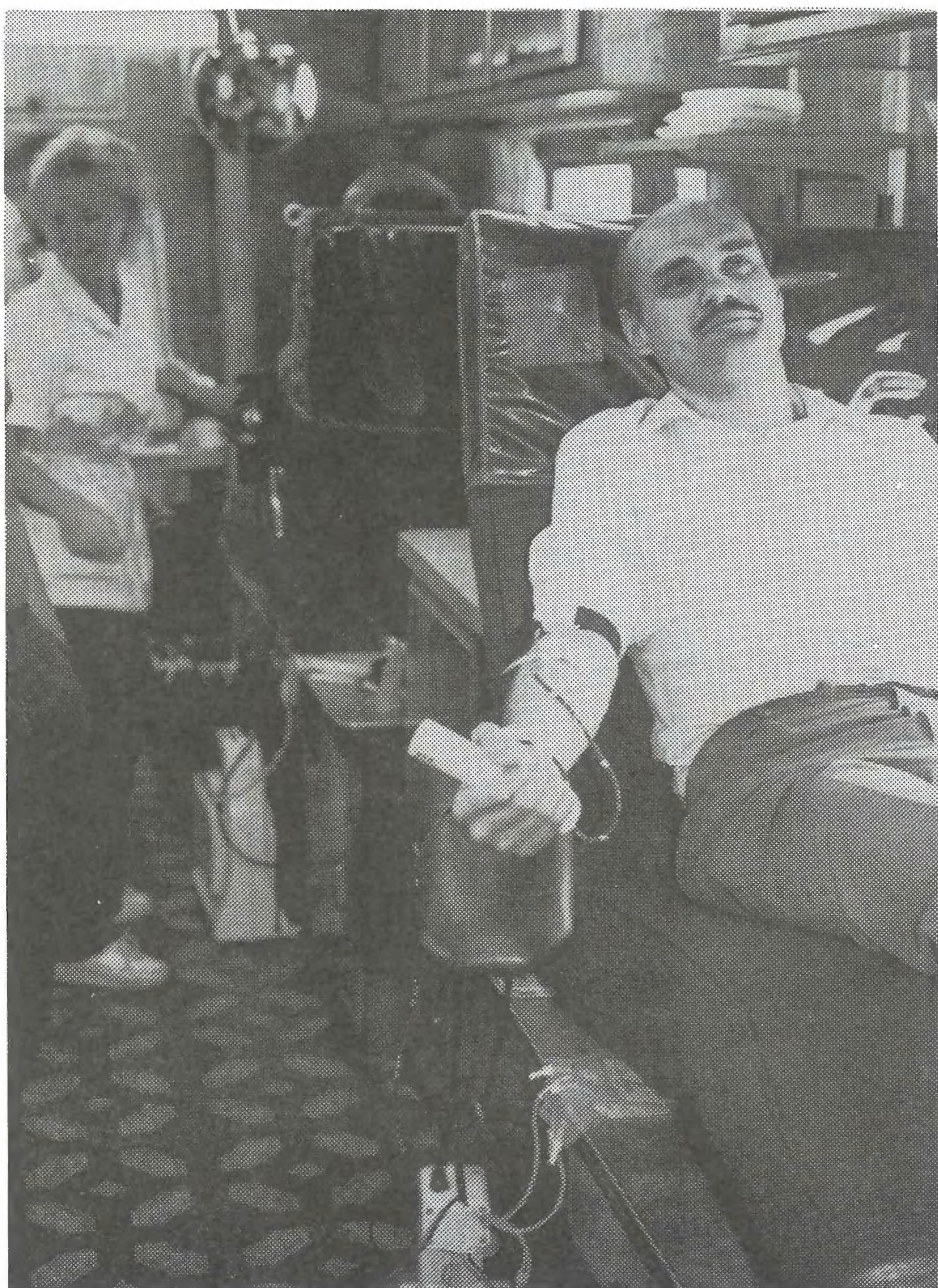
All requests for budget appropriations for 1987-88 are due shortly! In the Division of Emergency Medical Services/Health Care Facilities, business manager Joe Goldberg and Delores Lahaie meet to consult on final figures.



Congratulations to Sheri Raymond, who received the Business Associate of the Year Award from the American Business Women's Association, Las Reveldes Chapter. Raymond, manager of the ADHS Public Information Office, poses with secretary Eileen Mitchell.



Congratulations to Sheryl Kanaga, who received the Outstanding Employee of the Year Award in the category of leadership from the Department of Administration. Kanaga (seated), DHS Personnel Manager, poses with secretary Toni Grage.



Thirty-eight people from ADHS donated their time and blood in response to the need of fellow employee Kathy Pinchoff. Gary Norem from the Division of Administration was among those who gave blood when the Bloodmobile was at 1740 West Adams.

To our readers . . .

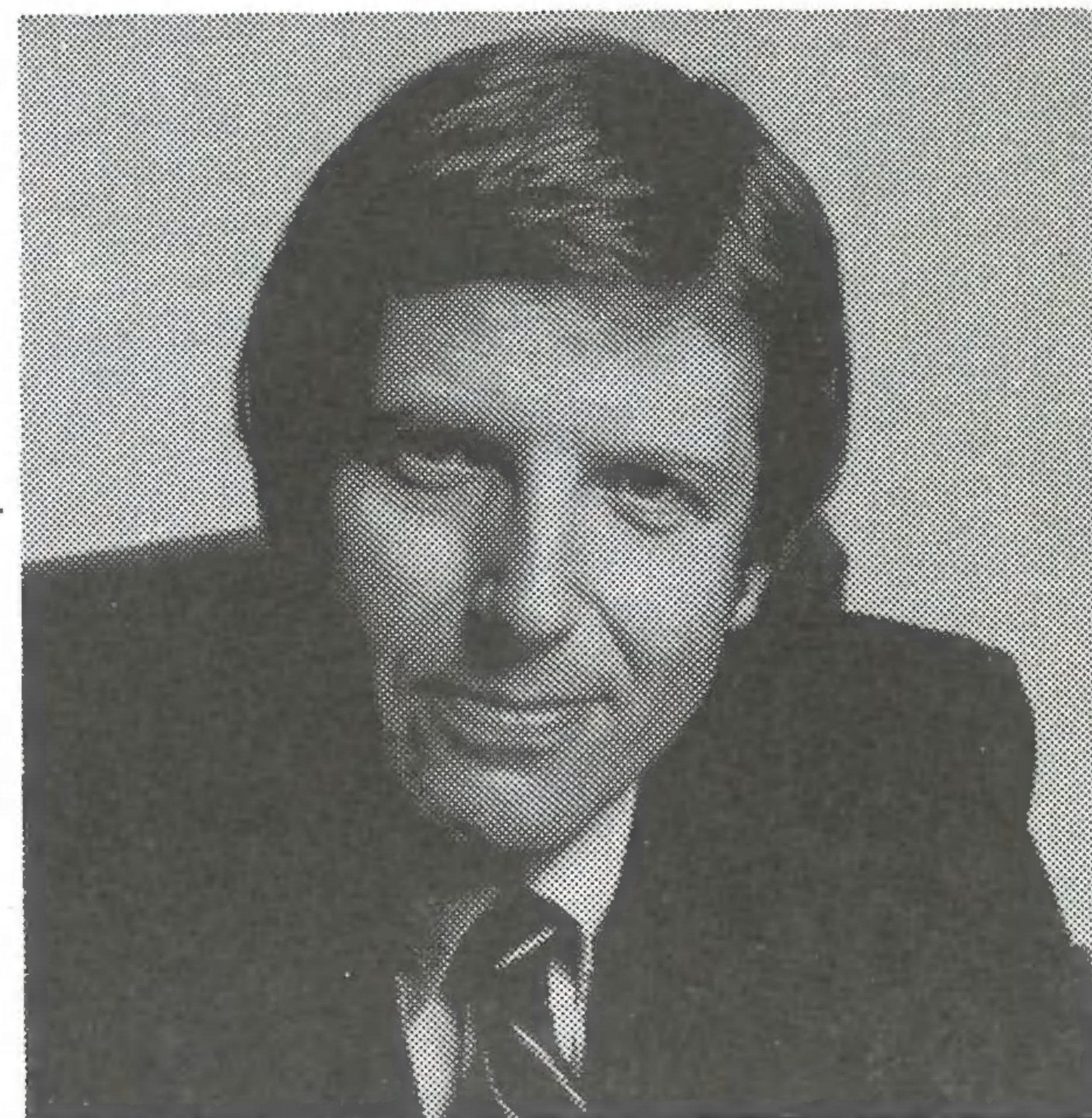
What subjects do you think should be covered in our employee newsletter?

The *Inquiring photographer* asked this question of six ADHS staffers (pg. 4), and now we are asking YOU to give us YOUR suggestions . . .

Please take a moment to fill in the suggestion form on the next page and put it in the inter-office mail.

We welcome your news, your photographs, and especially your IDEAS!

This newsletter is published for YOU!



Dr. Bittker to Head New Division of Behavioral Health

The appointment of **Thomas E. Bittker, M.D.**, as head of the department's newly organized Division of Behavioral Health was announced last month by ADHS Director Lloyd Novick, M.D.

The Division of Behavioral Health was created during the last legislative session with the intent, as outlined in House Bill 2511, to streamline behavioral health services delivery, improve coordination between service providers and monitor patient care.

The activities and programs of Arizona State Hospital, the Community Behavioral Health Office and Southern Arizona Mental Health Center will be included in the new division. Under Dr. Bittker's guidance, the division will be responsible for providing service in the areas of alcohol and substance abuse, domestic violence and emotional/behavioral disorders. The division will also strengthen programs for the care of emotionally handicapped children and the chronically mentally ill.

Dr. Bittker is a fellow of the American Psychiatric Association and a member of the American College of Psychiatrists and the American College of Physician executives. He graduated with distinction from the University of Michigan Medical School and completed his residency at Stanford University. He worked as a Peace Corps staff physician in the Republic of Niger. For the past twelve years, Dr. Bittker has worked for Arizona Health Plan, now CIGNA, in a number of capacities, the latest being executive vice-president and medical director. He is also the author of many articles and books, including *The Guide to Desert Running and Body Maintenance*, *Observations on Healing and the Physician's Role*, and *The Industrialization of American Psychiatry*.

Inquiring photographer

What subjects do you think should be included in our employee newsletter?



Ted Clark
State Laboratory

I would like to see more pictures and, perhaps, thumbnail sketches of upper and middle-level managers. Most of the lower echelon Health Department staff probably wouldn't know these managers if they tripped over them.



Waveline Fish
Behavioral Health

I think that a "Letter to the Editor" column should be established to enable employees of the department to voice opinions about departmental issues and receive answers to any questions they may have.



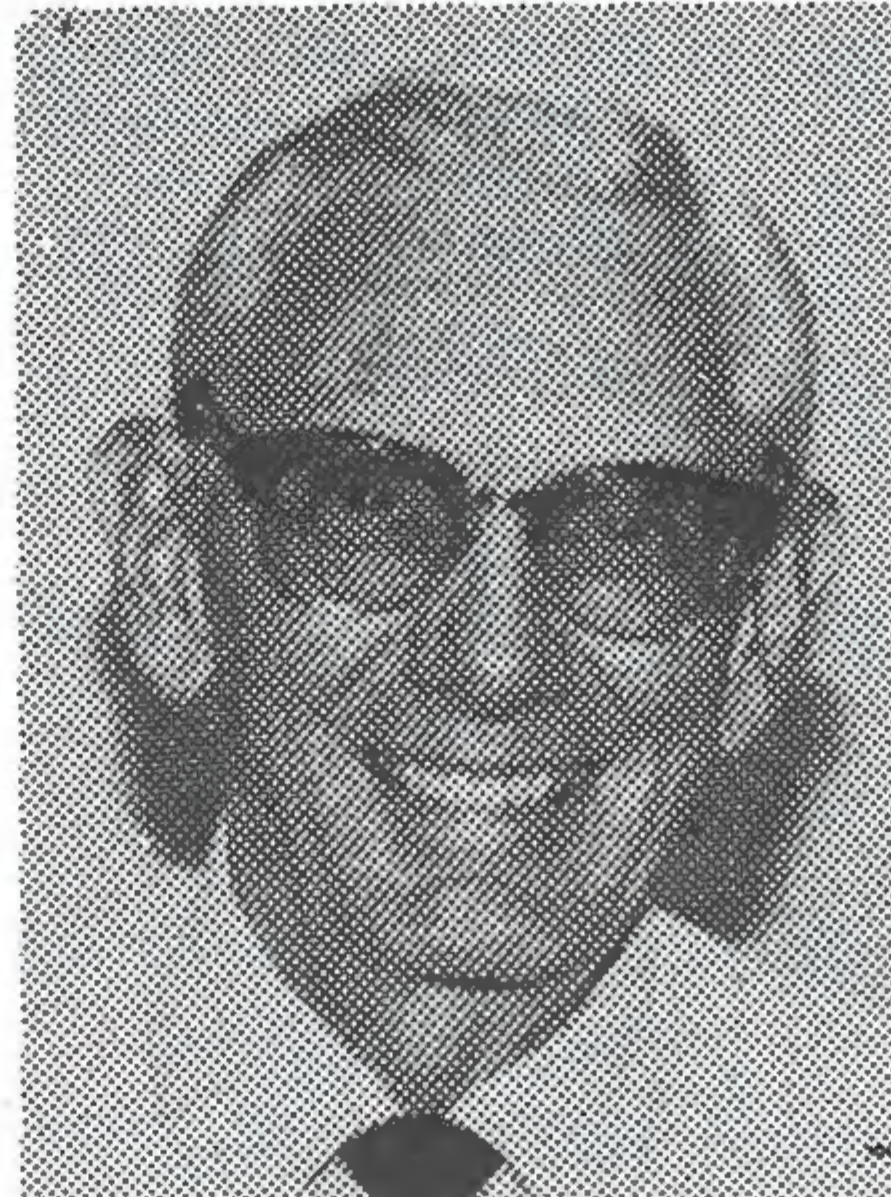
Dennis Belliveau
EMS/HCF

There has been much in the media about the relationship between the food that we eat and our health. I would like "New Directions" to keep up on new studies relative to this important topic.



Sherry Golden
Disease Control

I would like more information on the various services provided by the offices within the ADHS divisions. It would be helpful in handling telephone inquiries, and would also assist employees in career planning by identifying programs of special interest.



Bill Kessler
Administration

Reflecting the opinions of many of my fellow employees, "New Directions" should have a section in which employees and management can express themselves on issues — a place where comments or discussions can be developed.



Mary Ann Woods
Family Health

I would be interested in learning what effect the new federal tax laws will have on state employees relative to IRA's, deferred compensation and state retirement.

Ideas and Suggestions for ADHS Employee Newsletter

(Place in inter-office mail. No envelope needed.)

Check the five areas which would interest you the most:

- | | |
|-------------------------------------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> Interpretation of Department policies | <input type="checkbox"/> Suggestions to the Department |
| <input type="checkbox"/> Legislative issues | <input type="checkbox"/> Health tips |
| <input type="checkbox"/> Highlights of Department programs | <input type="checkbox"/> Travel and vacations in Arizona |
| <input type="checkbox"/> Questions and answers | <input type="checkbox"/> Letters to the Editor |
| <input type="checkbox"/> Employee recognition/profiles | <input type="checkbox"/> Classified ads |
| <input type="checkbox"/> Employee promotions, transfers and retirements | |

Other ideas or subjects you would like to see included in the newsletter:
